

# BE A DEMENTIA FRIEND TODAY!

By Agency for Integrated Care

The number of persons diagnosed with dementia aged 60 and above is expected to be 100,000 in 2030. To create a more inclusive society for families caring for persons with dementia, six Dementia-Friendly Communities have been set up.

They are located in:

- Bedok
- Hong Kah North
- Queenstown
- Fengshan
- MacPherson
- Yishun

The Dementia Friends app provides caregivers with easy access to resources and information on dementia and caregiving. It is also a platform to seek help from a virtual community of Dementia Friends to look out for missing loved ones.

DEMENTIA-FRIENDLY SINGAPORE

AIC SAYS

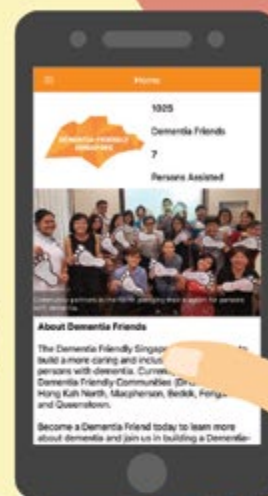
Alert Users To Keep A Lookout For Lost Person

Report Cases Of Missing Loved Ones

Report Sightings Of Lost Person

View Upcoming Events And Training Programmes

Access Information And Resources



## FEATURES OF THE DEMENTIA FRIENDS APP:

### Dementia Friends Guide

#### ABCD SIGNS & SYMPTOMS ON DEMENTIA

Here are the ABCD signs and symptoms of dementia

- A - Activities of daily living**  
A person with dementia may be unable to do daily activities or simple tasks such as wearing clothes and may appear unkempt.
- B - Behavioural changes**  
A person with dementia may become socially withdrawn and lose interest in activities. There may be changes to his mood and personality.
- C - Cognitive decline**  
A person with dementia may be unable to make decisions and perform calculations. He may also be forgetful and have problems recalling the right word or name.
- D - Disorientation**  
A person with dementia may find difficulty in distinguishing time, place and space.

Learn the signs and symptoms of dementia

### Upcoming Events

04 Sep 2018 (Thu) 9:00 AM - 30 Sep 2018 (Sun) 9:00 PM  
Silver Aids 2018  
Various locations  
Free

21 Sep 2018 (Fri) 6:30 PM - 8:30 PM  
World Alzheimer's Day Film Event: Tell The Last Memory  
Westpark Beach Centre, S109677  
Free

23 Sep 2018 (Sat) 9:00 AM - 1:00 PM  
Every 3 Seconds, someone in the world develops dementia. Are we ready, Singapore? (For Public)  
80 Jurong East St 21 SMO9537

Participate in upcoming events

### Finding My Loved One

Name\*  
Ang Ah Mun

Age\*  
65

Gender\*  
 Male  Female

Address  
Light blue short sleeved top with matching pants

Physical appearance  
Petite plump with short permed hair

Relationship To Me  
Mother

Caregivers can seek help to find their missing loved one

### Report Sighting

Date Sighted  
2018-02-19

Time Sighted  
10:30

Additional Details  
Recalled seeing her standing at traffic light junction.

I saw this person recently  I am with this person right now

LOCATION  
Nex Serangoon Central Blk 23 556083

Nearest Go-to-Points  
Distance: 76.5 KM  
ST LUKE'S ELDERCARE (SERANGOON CENTRE)  
BLK 217 SERANGOON AVE 4 #01-156  
MONDAY - FRIDAY 7:30AM - 6:00PM  
Distance: 1.31 KM

Dementia Friends app users can report sightings of missing loved ones

## How you can help?

1

Be a Dementia Friend

2

Place posters and brochures on dementia at your clinic.

3

Share this app with caregivers who may need it.



Be a Dementia Friend by downloading the Dementia Friends app!



Like us on Facebook @DementiaFriendlySingapore to get the latest news and resources

For more information on support services for dementia, please contact AIC Primary Care Engagement team at [gp@aic.sg](mailto:gp@aic.sg) or call 66321199.