

SHAPING TOMORROW'S HEALTHCARE TOGETHER

SMA 64th Annual Report 2023/2024

ABOUT SMA

The Singapore Medical Association (SMA) was formed in 1959 and is the national medical organisation representing the majority of medical practitioners in both the public and private sectors.

SMA's slogan, "For Doctors, For Patients", reflects our recognition that the doctor-patient relationship lies at the heart of any scientific revelation, technological innovation, policy decision and business practice that affect healthcare, as well as our commitment to protect this relationship.



OUR OBJECTIVES

- To promote the medical and allied sciences in Singapore;
- To maintain the honour and interests of the medical profession;
- To foster and preserve the unity and aim of purpose of the medical profession as a whole;
- To voice its opinion, and to acquaint the Government and other relevant bodies with the policies and attitudes of the profession;

- To support a higher standard of medical ethics and conduct;
- To enlighten and direct public opinion on the problems of health in Singapore; and
- To publish papers, journals and other materials in furtherance of these objectives.

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PRESIDENT'S MESSAGE



I call upon you to join the Singapore Medical Association. United as a profession, we will be more ready to tackle future challenges and play a part in "Shaping Tomorrow's Healthcare Together".

I took over leadership of the Singapore Medical Association (SMA) in April 2023 from Dr Tan Yia Swam, who remains on the SMA Council as 1st Vice President.

Every year comes with its own set of challenges. In my first term as the SMA President, some of the issues that concerned the medical profession and healthcare community included measures to cap rising medical costs and the increasing complexity of medical licensing requirements.

The results of our 2023 ranking survey of Integrated Shield Plan (IP) providers (based on doctors' experiences in 2022) showed an improvement in the inclusiveness of insurance panels. There was also a slight improvement in the appropriateness of fee scales. However, only two out of seven IP insurers scored above the midpoint. I believe that all specialists should be able to join IP panels without restriction. It would be even better if such panels could be removed, since the Ministry of Health (MOH) Fee Benchmarks are already in place. Insurers should take reference from the full range of the Benchmarks and remunerate at least at the midpoint.

We will continue to work through the MOH Multilateral Healthcare Insurance Committee to advocate for improvements in these areas. SMA had also submitted our feedback during the Financial Industry Disputes Resolution Centre's (FIDReC) recent public consultation, which included a proposal to better empower FIDReC to directly handle health insurance disputes.

The SMA Centre for Medical Ethics and Professionalism had a busy year planning a new series of Mandatory Medical Ethics (MME) programmes to help SMA members meet Singapore Medical Council's new requirements for continuing medical education (CME) from 1 January 2024. SMA members would be pleased to know that they can easily obtain the requisite five MME CME points at no further cost, whilst non-members would have to pay a fee.

The proposed Health Information Bill will soon make it mandatory for all licensed healthcare providers to contribute patient data to the National Electronic Health Record (NEHR). SMA wrote to the Minister for Health to express our concerns and also met with MOH officers. While we acknowledge the benefits of the NEHR, implementing a solution that upholds patient autonomy and privacy is absolutely essential, and cybersecurity and cost implications should be factored in as well. We look forward to more dialogue with MOH in the future, to enable a smooth transition for all healthcare providers.

The welfare and future of junior doctors remains one of our key concerns. The SMA Doctors-in-Training committee was set up with the aim to provide representation for our younger members. Through the committee, we engage the relevant institutions and MOH regarding various residency concerns, such as long working hours, work stress, protected time for studying and career prospects. Some of our initiatives include a Telegram chatbot helpline to support junior doctors, a digital handbook for house officers and workshops for junior doctors.

Other major events in 2023 included the hosting of the 19th Mid-Term Meeting of the Medical Association of South East Asian Nations, which was attended by representatives from the national medical associations in the region. We also celebrated the 10th anniversary of the SMA Charity Fund during our Annual Dinner. Through the SMA Charity Fund, we have provided 515 bursaries to medical students from low-income families to assist with their basic living expenses. These students are then able to concentrate on their medical studies without having to worry about making ends meet.

I would like to extend my sincere thanks and deepest gratitude to SMA members and colleagues who have supported SMA in their own ways, whether it is through continued membership, supporting our work, or contributing their valuable time to serve on the SMA Council and its committees.

With the support of our members, SMA will be more ready to tackle these challenges. I call upon you to encourage more colleagues and friends to sign up for membership, take part in our various social activities or volunteer in our committees. United as a profession, we can play a part in "Shaping Tomorrow's Healthcare Together".

Finally, stay connected with SMA, and if you have any feedback or wish to join any of our committees, do write to us at $\underline{sma@sma.org.sg}$.

Dr Ng Chee Kwan

President



Singapore Medical Council implemented the Mandatory Medical Ethics (MME) continuing medical education (CME) requirements on 1 January 2024. SMA Centre for Medical Ethics and Professionalism has made available 16 MME programmes so that SMA members can easily achieve their five MME CME points requirements, either through attending a series of five bimonthly webinars, viewing recorded lectures or reading articles. These programmes are complimentary for all SMA members in good standing, whilst non-members pay a fee and can only access selected modules. The first webinar, held on 3 February 2024, was fully subscribed with over 800 participants, most of whom were members. For more information on MME programmes and other CME activities, visit the SMA events calendar at https://www.sma.org.sg, or look out for our electronic direct mails.

In 2023, SMA kept up our efforts to push for patient welfare and transparency in healthcare. Our representatives on the Multilateral Healthcare Insurance Committee stressed the need for insurers to open up their panels to include more specialists, or not have panels at all. SMA provided inputs on the Ministry of Health (MOH) claims management initiatives relating to MediShield Life claims. With such processes in place, insurers can be assured that there would be fewer inappropriate claims and thus no reason to limit the number of doctors on their panels.

SMA also submitted our feedback during a recent public consultation on proposed amendments to the Terms of Reference of the Financial Industry Disputes Resolution Centre (FIDReC), including a proposal to better empower FIDReC to directly handle health insurance disputes.

In January this year, SMA Council members met with MOH officers, led by Deputy Director-General of Health (Health Regulation), Adj Assoc Prof Raymond Chua, to discuss the draft Health Information Bill (HIB). This is a follow-up to SMA's earlier feedback to the Minister for Health, which highlighted our concerns that the HIB would make it mandatory for all licensed healthcare providers to contribute data to the National Electronic Health Record (NEHR). SMA is of the opinion that NEHR implementation should protect patient autonomy, privacy and confidentiality, and patients should be allowed to opt out of uploading their health information, as well as control the information that is presented to their doctors. SMA's feedback can be viewed in full at https://bit.ly/4ldfBjU.

The SMA Doctors-in-Training (DIT) Committee meets quarterly to discuss issues that concern junior doctors and update on various initiatives. The Committee has been working on the SMA DIT 101 mobile app, based on the SMA House Officer's Handbook, which will serve as a comprehensive resource and pocket handbook for junior doctors.

Over the past year, SMA has kept up our efforts to push for patient welfare and transparency in healthcare through representation on the Multilateral Healthcare Insurance Committee.

Additionally, a new Instagram page (https://www.instagram.com/jrdocs.sg) was launched to provide a platform for announcements and to offer a balanced perspective on various issues faced by junior doctors. SMA continues to engage MOH Holdings' (MOHH) Healthcare Manpower team. At a recent meeting, matters such as medical manpower planning, junior doctor support initiatives, transport claims and fitness to practise memos were discussed. In December last year, SMA and MOHH co-organised a year-end party for house officers to foster a sense of community and provide opportunities for social interaction among junior doctors.

SMA hosted the 19th Mid-Term Meeting of the Medical Association of South East Asian Nations on 21–22 July 2023, which was attended by delegates from national medical associations in the region. The theme was "Digital Health", and delegates shared their respective country's progress and challenges in the development and rollout of digital healthcare initiatives.

The SMA Annual Dinner was held on 22 July 2023, with Dr Vivian Balakrishnan, Minister for Foreign Affairs, gracing the event. More than 400 distinguished guests, overseas delegates and friends of the profession gathered for an evening of accolades and camaraderie. We presented the SMA Honorary Membership to Dr Balakrishnan, one of very few persons to fit into a category of eminent doctors who have served and led the country with distinction. We also celebrated the 10th Anniversary of the SMA Charity Fund—a charity that provides financial assistance to needy medical students in Singapore, with 515 bursaries totalling more than \$2.4 million awarded since 2007.

I would like to express my heartfelt thanks to all our volunteer doctors, SMA members and Secretariat staff for the wonderful work and strong support over another busy year.

Clin Asst Prof Benny Loo Honorary Secretary

HONORARY TREASURER'S **REPORT**

SMA Group's financial position remained stable in the past year, closing 2023 with a surplus of \$653,029 before tax. This included interest of \$228,922 from placing some of our funds in fixed deposits after we closed our investment portfolio with fund management firm, UBS Singapore, in April 2023. Under the judicious management of our investment committee. SMA Group's accumulated funds now stand at \$9.67 million. The committee will continue to explore options to grow our reserves.

Income from membership subscriptions, services rendered to third parties, advertising, and professional development programmes organised by SMA Centre for Medical Ethics and Professionalism remained stable.

Overall expenses were higher due to higher inflation, particularly in the last few years. The Association also hosted two major events in 2023, including the 19th Mid-Term Meeting of the Medical Association of South East Asian Nations, which was attended by delegates from national medical association in the region. The next meeting will be organised by the Malaysian Medical Association in Penang, Malaysia. SMA also hosted the annual Inter-Professional Games, where members from SMA and five other nonmedical professional bodies gathered in a shared passion for sports, playing a total of ten games such as bowling, chess and squash.

It is worth nothing that SMA's annual subscription fees had not been increased for 16 years, whilst our operating costs had continued to rise over the years due to inflation, expansion of SMA's functions and higher manpower costs. In this regard, a constitutional amendment to increase the annual SMA Ordinary Membership fees from \$200 to \$250 was passed at the last SMA Annual General Meeting.



This timely increase will also go towards funding new programmes to help members meet their Mandatory Medical Ethics continuing medical education requirements, which came into effect on 1 January 2024. Members in good standing will be able to attend these programmes at no additional cost.

We wish to thank all members who have continued to support SMA. Please encourage your colleagues to join SMA, so that we can be a stronger voice in advocating for the medical profession while continuing to serve the membership in a financially sustainable manner.

Finally, I would like to thank my Honorary Assistant Treasurer, Adj Asst Prof Lambert Low, for his unflagging support, our Finance staff Ms Angeline Teoh and Ms Priscilla Leong, who have carefully managed the finance operations, and the SMA Secretariat for their invaluable contributions and strong teamwork throughout the year.

Adj Assoc Prof Ng Chew Lip **Honorary Treasurer**

KEY FINANCIAL HIGHLIGHTS

GROUP STATEMENT OF INCOME AND EXPENDITURE			
	2023	2022	
Surplus for the Year after Tax			
Total Income	\$3,381,030	\$2,804,757	
Total Expenditure	\$2,737,474	\$3,584,353	
Total Surplus/(Deficit)	\$643,556	\$(779,596)	
Income			
Subscriptions	\$704,224	\$661,244	
Contributions	\$877,677	\$765,660	
Rebates	\$67,759	\$68,030	
Courses and Events	\$567,521	\$552,313	
Investments	\$433,345	\$3,021	
Publications	\$632,176	\$644,613	
Others	\$98,328	\$109,876	
Total Income	\$3,381,030	\$2,804,757	
Expenditure			
Administrative and Operating Expenses	\$367,841	\$404,498	
Courses and Events	\$412,377	\$220,145	
Publications	\$198,973	\$246,786	
Staff and Related Expenses	\$1,758,283	\$1,664,395	
Investments (fair value loss)	\$0	\$1,048,529	
Total Expenditure	\$2,737,474	\$3,584,353	
GROUP STATEMENT OF FINANCIAL POSITION	2023	2022	
Assets			
Non-current Assets	\$6,284	\$168,999	
Current Assets	\$10,409,791	\$9,935,522	
Total Assets	\$10,416,075	\$10,104,521	
Equity and Liabilities			
Equity Attributable to SMA Marchard	¢0.670.507	¢0.077.675	
Equity Attributable to SMA Members	\$9,670,523	\$9,043,636	
Current Liabilities	\$745,552	\$1,060,885	
Total Equity and Liabilities	\$10,416,075	\$10,104,521	

64TH SMA COUNCIL 2023/2024

EXECUTIVE COMMITTEE



Dr Ng Chee Kwan Urologist in private practice Council member since 2014; SMA spokesperson Committee: Administration

PRESIDENT



1ST VICE PRESIDENT Dr Tan Yia Swam General surgeon in private practice Council member since 2007; past SMA President (2020-2023); SMA spokesperson Committee: Administration; Membership



Dr Tammy Chan Teng Mui Family physician in private practice Council member since 2007 Committee: Administration; Fitness to Drive; Medik Awas; Membership; Private Practice

2ND VICE PRESIDENT



Clin Asst Prof Benny Loo Paediatrician in public practice Council member since 2014; SMA spokesperson Committee: Administration; Membership

HONORARY SECRETARY



Adj A/Prof Ng Chew Lip Otolaryngologist in public practice Council member since 2018 Committee: Administration: Financial Viability; SMA Charity Fund; SMJ Editorial Board

HONORARY TREASURER



Dr Chie Zhi Ying Family physician in public practice Council member since 2020 Committee: Administration; Fitness to Drive; SMA Charity Fund; SMA News Editorial Board

HONORARY ASSISTANT

SECRETARY



HONORARY ASSISTANT TREASURER Adj Asst Prof Lambert Low Tchern Kuang Psychiatrist in public practice Council member since 2020 Committee: Administration; Complaints





Devanand Respiratory & critical care physician in public practice Council member since 2014 Committee: SMA CMEP

A/Prof Anantham



Chieh Public health physician in private Council member since 2012 Committee: Advertising Review; Financial Viability; Professional Indemnity



Dr Lee Pheng Soon

Family physician in private practice
Council member since 1992; past SMA President (2003–2006)
Committee: Advertising Review; Professional Indemnity; SMA CMEP; SMA Trust Fund



Urologist in private practice Council member since 2021 Committee: Complaints; Insurance Complaints; Professional Indemnity; SMA Pte Ltd

Dr Lee Yee Mun



Dr Lim Kheng Choon
Diagnostic radiologist in
public practice
Council member since 2013
Committee: IT/Telemedicine;
Membership; Professional
Indemnity; SMA Charity Fund



Dr Michael Lim Khong Jin
Family physician in public practice
Council member since 2023
Committee: Doctors-in-Training



Dr Ivan Low JinrongSingapore Armed Forces doctor
Council member since 2020
Committee: Doctors-in-Training;
Membership



Dr Raj Kumar Menon

General surgeon in public practice
Council member since 2021
Committee: Medik Awas;
Membership; SMA Pte Ltd



Adj Prof Tan Sze Wee
Director at research agency
Council member since 1996
Committee: Financial Viability;
IT/Telemedicine; SMA Pte Ltd



Dr Tina Tan Zhenwen

Psychiatrist in private practice
Council member since 2020
Committee: SMA News Editorial
Board; Private Practice



Orthopaedic surgeon in private practice Council member since 2001 Committee: Complaints; Financial Viability; SMA Pte Ltd



Dr Wong Chiang Yin

Public health physician in
private sector

Council member since 1995;
past SMA President (2006–2009)

Committee: Financial Viability;
Insurance Complaints



Pamily physician in private practice
Council member since 2004;
past SMA President (2015-2018)
Committee: SMA Pte Ltd

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(from Oct 2023)

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SMA REPRESENTATIVE TO SMC

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Dr Toh Choon Lai

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A/Prof Anantham Devanand

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SMA HONORARY LEGAL ADVISORS

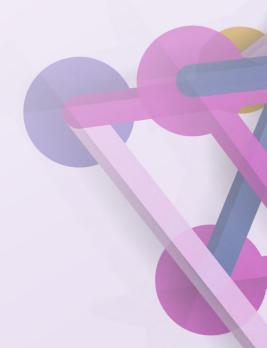
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Mr Watson Teo

MEDIA & COMMUNICATIONS

Ms Nalini Naidu. IMSG Pte Ltd



KEY HIGHLIGHTS OF 2023











SMA Members' Appreciation Night





SMA Annual Dinner











MOHH X SMA House Officer End of Year Dinner











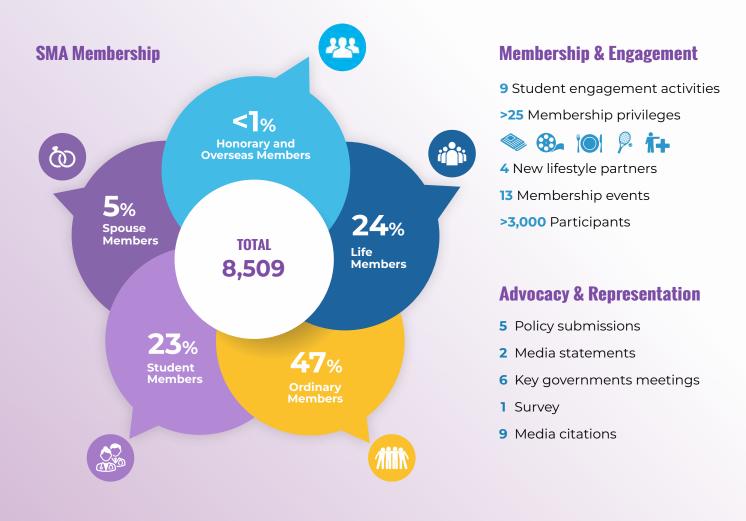








KEY STATISTICS IN 2023



Professional Development



18
Webinars
and Courses



52CME
Activities



Up to 70 CME Points



5,194Participants

SMA Charity Fund



43Bursaries



\$258,000Disbursed



\$377,255Raised



SMA continued to advocate on key areas such as healthcare costs, quality of care and patient privacy. The membership is kept informed on SMA's work through its monthly SMA Newsletter (SMA News), SMA website and email announcements. We highlight some of our advocacy work here.

> Supporting Healthcare

Then Nominated Member of Parliament (NMP), SMA 1st Vice President Dr Tan Yia Swam, together with two other NMPs, Dr Shahira Abdullah and Mr Abdul Samad, introduced a motion titled "Supporting Healthcare" in Parliament in May 2023, stating that "this House commits to supporting healthcare beyond the COVID-19 pandemic and the whole-of-Government efforts for consistent and sustainable support." The motion was agreed to without amendments.

Humans have short memories. Let us learn from the mistakes of the past so that we do not repeat it. People care only when things affect them. Help me and make everyone care.

Dr Tan Yia Swam, closing statement encapsulating the call-for-action



National Electronic Health Record (NEHR)

The Health Information Bill, when passed into law, will make it mandatory for all licensed healthcare providers to contribute data to the NEHR. SMA provided feedback on the draft NEHR guidelines and Health Information Bill.



Specifically, on the appropriate use of and access to the NEHR, SMA agreed that access should only be granted for the purpose of patient care, and not for non-care-related purposes such as employment, insurance and research. SMA also supported the guidance that history-taking and physical examination should remain the primary approach in clinical assessment, and that the NEHR is a complementary tool to aid clinical assessment.

As part of patient privacy rights, SMA was of the opinion that the NEHR must allow a patient to opt out of uploading any or all information to NEHR, and to select which information already in NEHR that he/she would like to share with his/her doctor.

> Health Insurance

SMA continued to participate in the Ministry of Health (MOH) Multilateral Healthcare Insurance Committee (MHIC). The MHIC comprises representatives from SMA, Academy of Medicine, Singapore, Consumer Association of Singapore, Fee Benchmarks Advisory Committee, Life Insurance Association, MOH and private hospitals. The MHIC has been renewed for another term, from 1 October 2023 to 30 September 2025.

SMA provided inputs regarding MOH's claims management initiatives relating to MediShield Life claims, highlighting that with the MOH claims management process in place, insurers could be assured that the number of inappropriate claims will be reduced. Therefore, there was no reason for insurers to limit the number of doctors on the panel. SMA also called for insurers to either open up their panels for more eligible specialists to join or choose not to have panels of doctors altogether.

The process to reform health insurance will take a long time. Nonetheless, SMA will continue to push for patient welfare and transparency in healthcare.

Medical Professionalism and Ethics

The SMA Centre for Medical Ethics and Professionalism (CMEP) has successfully launched a new series of medical ethics programmes that will help members meet Singapore Medical Council's (SMC) new requirements for Mandatory Medical Ethics (MME) continuing medical education (CME). SMA members can easily meet the new 5 points requirements at no charge. The CMEP report on page 21 provides more details.



ADVOCATING FOR OUR JUNIORS

The SMA Doctors-in-Training (DIT) Committee continued its efforts to advocate for junior doctors and also launched some new initiatives to better support this group. The DIT Committee is one of SMA's largest working groups, comprising more than 30 members and several senior doctors in advisory roles. Members meet every quarter at the SMA office to discuss issues that concern junior doctors and update on various initiatives.

> Outreach

The SMA Junior Doctor Telegram and Instagram channels (available at https://t.me/helpourjuniordocs and https://t.me/helpourjuniordocs and https://www.instagram.com/jrdocs.sg, respectively) play a crucial role in the dissemination of information related to junior doctor advocacy and support initiatives. Leveraging social media, these platforms serve as channels for announcements, reducing information asymmetry and offering a balanced perspective on various issues faced by junior doctors.



> Educational Resources

The DIT Committee has been working on an SMA DIT 101 mobile app, which will serve as a comprehensive resource and pocket handbook for junior doctors. The app will be based on the SMA House Officer's Handbook, which has been a useful guide for house officers in navigating the local healthcare system and fulfilling basic roles and responsibilities as a postgraduate year one doctor. SMA also offers various programmes focusing on medical ethics and professionalism. Notably, beginning January 2024, junior doctors who are SMA members will be able to meet SMC's MME CME requirement through our programmes without charge.

> Mental Wellness and Counselling

The SMA Junior Doctor Helpline, accessible at https://t.me/smahospbot, provides an automated chatbot to address queries from junior doctors. Additionally, the "Ask Me Anything" function allows confidential conversations with SMA volunteers, offering a supportive outlet for mental wellness concerns.



Since 2022, SMA has collaborated with MOH Holdings to organise an annual end-of-year party for house officers, with the aim to foster a sense of community and provide opportunities for social interaction among junior doctors.



> Engaging Aspiring Doctors

The 5th National Medical Students' Convention, organised by the TriMedSoc Alliance in collaboration with SMA on 6 May 2023, centred around the theme, "A Lifetime Career in Medicine." The goal of the event was to unite and amplify the voices of local medical students. The programme included two tracks: Track A addressed issues relevant to junior medical students and Track B provided practical experiences for seniors. Attendees had the flexibility to switch between tracks, and a livestream option catered to international participants.





In medical school, I was curious about complaints against healthcare professionals. I was given the opportunity to assist with the Workgroup to Review the Taking of Informed Consent and SMC Disciplinary Process, which developed my interest in the Singapore healthcare system.

I joined the SMA Doctors-in-Training Committee to continue working on matters of importance, in areas like junior doctor training, appropriate working conditions, and safety. As a representative in the National Wellness Committee to Junior Doctors, we have advocated for improved working hours and a zero-tolerance approach to abuse of healthcare workers, amongst other topics.

Dr Calvin Tjio, Vice-Chairperson, **Doctors-in-Training Committee**



APPRECIATING AND CONNECTING WITH OUR MEMBERS

In SMA, our members are at the heart of all we do. In addition to our tireless efforts to advocate for members and the medical profession, SMA also reaches out to members through various social, sporting and networking events to foster a sense of community. The spirit of camaraderie is apparent, as seen in the active participation of members in events organised round the year.

SMA Annual Dinner

Held on 22 July 2023 at the Grand Copthorne Waterfront Hotel, the SMA Annual Dinner provides a platform to recognise fellow doctors and volunteers who have made significant contributions to SMA or the medical profession, or provided outstanding social service to the community. Additionally, the Annual Dinner presents a welcome opportunity for an evening of collegiality with colleagues and friends. Last year, we were also joined by fellow medical professionals from the region, representing their respective countries at the annual meeting of the Medical Association of South East Asian Nations (MASEAN), which was held earlier in the day and hosted by SMA.



Members' Appreciation Night

SMA organised a premiere screening of Marvel Studio's *Guardians of the Galaxy* Volume 3 on 4 May 2023 to thank the membership and volunteers for their steadfast support of the Association and its work.

SMA-NK Yong Wine Appreciation Chapter

For members who prefer to connect over good food and wine, the Wine Appreciation Chapter organised two fully subscribed dinners with curated wine selections in July and October last year.

Sports and Games

The month of May was a busy one for the SMA Secretariat as sporting enthusiasts within the medical fraternity hung up their white coats and scrubs to don team jerseys or sportswear in the SMA Inter-Hospital Soccer Tournament and SMA Golf Tournament held on 13 May and 24 May, respectively. Another major sporting event, the Inter-Professional Games (IPG) returned after a hiatus of three years, with SMA as the host. From September to November, SMA joined five other professional groups (Institution of Engineers Singapore, Institute of Singapore Chartered Accountants, Law Society of Singapore, Singapore Institute of Architects, and Singapore Institute of Surveyors and Valuers) to battle it out in ten games—badminton, basketball, bowling, chess, floorball, golf, soccer (women), squash, table tennis and volleyball.



SMA News

In 2023, SMA News published articles spanning a wide range of topics that are relevant and insightful to medical professionals. Our monthly issues touched on discussions pertaining to the latest developments within healthcare, such as the Healthier SG initiative, the urgent call for doctors to fight stigma about mental health, as well as encouraging reads from charitable medical organisations and doctors who volunteer.

The Editorial Board is made up of medical professionals from various specialties, and members hold regular meetings each year to discuss and put together contents that would benefit our readers and the profession as we seek to engage our readers through subjects that are at the heart of medicine. We are glad to have expanded the team to include student correspondents since 2022.



These medical students link us up with fellow doctors in training, bringing to the table matters of concern to this group of colleagues. In 2023, we welcomed our third student correspondent, Wong Shi Hui, onto the Editorial Board and she has since put together an interview with Dr Hakim Young, published in the December 2023 issue.

We hope that our newsletters have brought SMA members not only updates within the profession, but also some joy and enjoyable reads. In the year ahead, SMA News will continue to work towards our purpose of being a platform that connects our readers through the newsletter written by doctors, for doctors.

I have been highly encouraged to hear that people look forward to reading SMA News. It is my aim that SMA News remains a relevant and reliable source of information, as well as a platform for doctors to stay connected and engaged with each other within the medical profession. - Dr Tina Tan, SMA News Editor







CONTINUING MEDICAL EDUCATION IN HEALTHCARE

SMA supports members' professional development needs by organising continuing medical education (CME) activities, which are delivered on various platforms, including in-person events, webinars and online learning. Providing leadership in this area is SMA Centre for Medical Ethics and Professionalism (CMEP) with its extensive faculty comprising not only doctors, but also lawyers who are well-versed in Singapore's health law. *Singapore Medical Journal*, SMA's flagship publication, leads the way in promoting medical education with its monthly publication of medical research and CME articles.

SMA Centre for Medical Ethics and Professionalism

Medical Ethics, Professionalism and Healthcare Course

This is a 2.5-day mandatory course for exit certification for advanced specialist/family medicine trainees and residents. The syllabus covers: (1) Medical Professionalism; (2) Important Issues in Medical Professionalism and Ethics; (3) Informed Consent and Shared Decision-Making; (4) Coroner's Act and Certification of Death; (5) Important Issues in Clinical Ethics—End-of-Life Issues; (6) Medicine, Doctors and the Law; (7) Professional Accountability and Medical Negligence; and (8) Communication Skills and Personal Development. Four courses were conducted from January to December 2023, with a total of 77 course runs and 5,312 doctors trained since its launch in 2005

Medicine, Doctors and the Law Series

Targeted at associate consultant grade and above doctors who lead teams and departments, this series of six webinars aims to provide consultants with the fundamental knowledge and skills to manage complaints or when they are called upon to sit in judgement of colleagues at inquiries.

Mental Capacity

Clinical Care of Persons with Diminished Capacity

Held on 6 May 2023, this joint webinar by SMA and College of Psychiatrists of the Academy of Medicine, Singapore, looks at the relationship between mental capacity assessment and surgical procedures in primary care and dentistry. Case studies were also presented to illustrate the clinical approaches adopted and challenges faced.

Annual National Medico-Legal Seminar

Jointly organised by SMA and Medico-Legal Society of Singapore, this 2-day seminar was held from 28 to 29 October 2023, and attendees included doctors, lawyers, nurses and hospital administrators. The first day focused on "Reflecting on the Mental Capacity Act (MCA) after 15 years". District Judge Dr Colin Tan spoke on emerging issues in mental capacity both in Singapore and overseas, and discussed key concerns such as the link between mental capacity issues and the ageing population worldwide. Other presentations touched on the different aspects of the MCA, including its principles and applications, and assessment of capacity in people with dementia or intellectual disability. The half-day programme on the second day delved into "Medico-legal investigation of sexual assault", with speakers providing insights on the investigation process, from examination of clinicians to the investigative work and legal defence.

New Mandatory Medical Ethics (MME) Requirements

In the Singapore Medical Council's circular to all doctors dated 11 May 2023, doctors were informed that compulsory CME on Medical Ethics would be required for renewal of the Practising Certificate (PC) in 2026. Doctors whose 2-year PCs were renewed on 1 January 2024 and expire on 31 December 2025 have to start accumulating their five MME points during this 2-year period. Doctors whose PCs expire on 31 December 2024 need only do so when their PCs are renewed on 1 January 2025. From 2024, MME programmes are offered by the three Professional Bodies—Academy of Medicine, Singapore, College of Family Physicians Singapore and SMA.

SMA members can choose from 16 ready modules, including webinars, distance-learning programmes and articles. Each module completed within the relevant 2-year renewal period will yield 1 MME point each. Access is complimentary for SMA members in good standing. Nonmembers are charged a fee for access, with only 11 modules available. For more information, please refer to https://sma.org.sg/page/smammecmeprogrammes.

Events Held in 2023

NAME OF EVENT	CME Points	No. of Runs	Participants		
			SMA Members	Non-SMA Members	Total
Medical Ethics, Professionalism and Healthcare Course	10	4	126	166	292
Medicine, Doctors and the Law Series	1	6	62	119	181
Faculty Masterclass	4	2	29	-	29
Decision-Making in the Care of Children – Who Decides?	2	1	14	14	28
Clinical Care of Persons with Diminished Capacity	2	1	76	25	101
Annual National Medico-Legal Seminar 2023	6	1	28	79	107
Deciphering Clinic Management Systems and Updates on NEHR	2	1	46	-	46
Private Practice Seminar	2	1	47	-	47
Data Ethics in the Era of Digital Health	1	1	87	-	87

SMA CMEP Teaching Faculty

SMA CMEP Teaching Faculty	
Dr Aaron Ang	Dr Colin Ong
Dr Aung Myint Oo	Adj A/Prof Habeebul Rahman
Ms Rebecca Chew	Dr Hairil Rizal Abdullah
Mr Christopher Chong	Dr Jason See
Dr Jonathan Choo	A/Prof Seow Wan Tew
Dr Peter Chow	Dr Bhavani Sriram
A/Prof Anantham Devanand	Dr Giles Tan
Dr Sean David	Dr Malcolm Tan
Dr Charmain Heah	A/Prof Cuthbert Teo
Mr Edmund Kronenburg	Dr Timonthy Teoh
Ms Kuah Boon Theng	Mr Tham Hsu Hsien
Adj Asst Prof Daniel Kwek	Dr T Thirumoorthy
A/Prof Lai Siang Hui	Dr Luke Toh
Dr Lee Pheng Soon	Adj A/Prof Vishalkumar G Shelat
Mr Lek Siang Pheng	A/Prof Jason Yap
Ms Vanessa Lim	Dr Colin Yeo
Dr Peter Loke	Dr Jamie Zhou
Ms Mak Wei Munn	



Singapore Medical Journal

Increasing Depth and Focus

Since its inception, the Singapore Medical Journal (SMJ) has been guided by a mission to publish quality medical research of relevance to our community and to serve as a platform for continued professional development. In January 2023, SMJ published a special issue on Genetics and Genomics. Topics addressed included pitfalls in clinical genetics, genetics in prenatal diagnosis and paediatric care, genetics and cancer predisposition, genetics in ocular diseases, as well as genetics in the context of data science application and microbiome research. Another special issue focusing on obesity was published in March 2023 in conjunction with World Obesity Day. The issue provided an overview of obesity, as well as examined weight bias and stigma in healthcare professionals, the current obesity treatment landscape in Singapore, and what the global obesity agenda means for Singapore. We will continue to organise such thematic issues in the coming years to increase the depth of coverage and focus on important clinical topics.

Change is the Only Constant

The journal stopped accepting submissions for Pictorial Essays in September 2023, as we felt that it has run its course, although state-of-the-art radiology reviews and Clinics in Diagnostic Imaging articles are still welcomed. In addition, we have restructured the format of our Original Articles to include a summary box so that the key messages of the article will stand out. To better reach out to our authors and readers, we have expanded our social media team, and we encourage authors of Original Articles and Reviews to provide us with a tweetable summary, hashtags, short write-ups, striking images, and their social media handles to facilitate the promotion of their articles on social media. We are heartened by the growing number of followers and increased engagement on social media.

Our Volunteers, Our Backbone

The Editorial Board is the backbone of *SMJ*. We deeply appreciate the dedication of all our board members, who serve tirelessly despite their busy schedules. In February 2023, SMA Publications, together with then SMA President Dr Tan Yia Swam and then Vice President Dr Ng Chee Kwan, hosted a combined appreciation dinner for the *SMJ* and *SMA News* editorial boards at Novotel Singapore on Stevens. We also acknowledged Board members, A/Prof Sim Kang and Prof Wong Wai Keong, for their immense contribution with the 10-year Long Service Award during the SMA Annual Dinner in July 2023. As part of the cycle of growth and renewal, in addition to having new members join us to strengthen the *SMJ* Editorial Board, there will inevitably be departures. We wish to express our heartfelt thanks to Board members who have stepped down in 2023—Prof Tan Puay Hoon, Prof Hsu Pon Poh, A/Prof William Kong Kok Fai and A/Prof Samuel Tay Sam Wah.







SMA SECRETARIAT

The SMA Secretariat supports the SMA Council and committees to ensure the smooth running of the association and its work. Led by Chief Administrator Ms Krysania Tan, the Secretariat is broadly categorised into four divisions, namely Membership Services/Business and Partnership Development, Publications, SMA Academy, and Corporate Services, alongside our charity arm—the SMA Charity Fund.

With the resumption of most in-person events in 2023, such as the SMA Annual Dinner, Golf Tournament, Members' Appreciation Night, and other engagement and educational events, the Secretariat has had a busy and fruitful year. Along with the SMA Council and committees, the Secretariat is committed to shaping tomorrow's healthcare together—for doctors and for patients.



Standing (from left): Tan Kie Chuan (IT), Muhammad Nabawi B Mokhtar (Academy), Dominic Neo (SMACF), Benjamin Ong (SMA News), Spencer Soh (Academy), Dr Ng Chee Kwan (SMA President), Seth Chen (Membership), Sarah Lim (SMJ/Indemnity), Sylvia Thay (SMA News), Denise Tan (Academy) Seated (from left): Noor Azliena Bte Samhudi (Membership), Priseillia D/O Govindasamy (Membership), Priseilla Leong (Finance), Lee Xin Yi (SMJ), Loy Li Li (Business & Partnership), Krysania Tan (Chief Administrator), Angeline Teoh (Finance), Norita Bte Abdul Wahab (Membership), Sara Kwok (SMACF), Sharon Wee (Indemnity), Ashley Soh (IT)

Not in photo: Ronnie Cheok (SMACF), Chua Gek Eng (Human Resource), Lee Sze Yong (Council Support), Nazratul'Ain Mazlan (Indemnity)









or scan the following QR Code.





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