ANNUAL REPORT 2018
SINGAPORE SOCIETY OF OPHTHALMOLOGY

Current Executive Committee (May 2018 till Present)

President:  Adjunct A/Prof Lee Shu Yen
Secretary:  Dr Gavin Tan
Treasurer:  Dr Marcus Ang
Auditor:  Dr Victor Koh
Members:  Dr Wong Chee Wai
Dr Don Pek
Dr Anna Tan

LIST OF EVENTS

1. Mobile Eye Clinic Project

SSO, together with SNEC, supported the SPECtacular Experience organised by People’s Association last year where more than 200 needy elderly were screened for eye diseases at Fengshan Community Club and Paya Lebar Wellness Centre. Separately, SSO also carried out another screening at Tembusu Senior Activity Centre where close to 100 needy elderly were screened. 10 of the needy elderly who were diagnosed with cataract during the screenings underwent surgery performed by Dr Marcus Ang and Dr Wong Chee Wai at SNEC on 20 October 2018.
2. Activities Organised by SSO Young Ophthalmologist (YO) Chapter

a) 33rd Asia-Pacific Academy Of Ophthalmology (APAO) Congress

In February 2018, the SSO YO chapter was heavily involved in the YO symposium during APAO 2018 in Hong Kong. Dr Marcus Ang, MD organized the first APAO YO Leaders Forum with YO leaders from AAO (USA), SOE (Europe), RANZCO (Australia and New Zealand) and member societies from Hong Kong, Singapore, Malaysia, Philippines, Pakistan, India, Cambodia, Sri Lanka, Korea, Chinese Taipei, Japan, Myanmar, Nepal, Mongolia and China. It was a lively session with interactive live polls during the Forum, with participants actively discussing topics with real-time feedback and voting. It was interesting to learn that the poll found that almost all YO leaders wanted more interaction and networking with our global YO counterparts.

The YO Awards in 2018 had 45 applications from 15 countries, which was highly competitive and very difficult to make decisions as all nominees were excellent, representing the best YO from each society. The Clinician Award was sponsored by Santen Singapore and awarded to Dr Premala Devi Sivagurunathan (Malaysia); while the Research Award supported by Zeiss Singapore was awarded to Dr Daniel Ting (Singapore).
The YO Social at APAO 2018 was jointly organized by the Singapore Society of Ophthalmology, APAO YO standing committee, and HKSO YO committee. This year the Social event was highly successful with more than 100 YO attendees from almost all member countries, including HK, Singapore, Mongolia, India, Korea, Australia and our friends from USA, and Europe.

b) 33rd Malaysia-Singapore Joint Ophthalmic Congress 2018

SSO YO Chapter joined with the Malaysian Society of Ophthalmology (MSO) to organize the first YO Symposium at the Malaysian Society Joint Ophthalmology Congress in March 2018. Promising YO were given opportunities to speak at the podium on several topics and a Best Presentation Award was given to the best speaker of the night. This was followed by a special Peranakan dinner and a bowling competition to improve camaraderie amongst the MSO and SSO YO.

c) Other Conferences

In June to August, the SSO YO were active in international meetings – starting with the WOC Emerging Leaders program in Barcelona, the APACRS Young Eye Surgeons symposium in Chiang Mai with mentor Dr Ron Yeoh and Dr Marcus Ang chairing the session, and in Bangkok with AOS Forum with YO from ASEAN countries.
d) **APAO Leadership Development Program Master Class**

In September 2018, SSO and YO Chapter hosted the APAO Leadership Development Program Master Class where the future leaders from the Asia Pacific Region gathered for the weekend to gain skills on leading a team, communication, public speaking and advocacy. As the host, we also had 10 YO identified by their hospitals as future leaders, who benefited from this weekend retreat and networking with regional YO leaders.

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e) **Young Ophthalmologists Night, 3 November 2018, Unplugged**

More than 50 residents and ophthalmologists from the public healthcare institutions attended the annual event where attendees got the opportunity to interact with A/Prof Wong Hon Tym, Medical Director, NHG Eye Institute and asked questions relating to Ophthalmology. 3 awards, each totalling S$500, were given away during the event to residents with the best submission in the following categories:

- Artwork competition of retina
- Black and white photograph competition of ophthalmologist in action
- Essay competition on the worst call in Ophthalmology
f) First Young Ophthalmologist Society of India (YOSI) Symposium (Organised by YOSI under aegis of All India Ophthalmological Society (AIOS))

Three representatives of SSO, Dr Anna Tan, Dr Wong Chee Wai and Dr Kelvin Teo were honoured to attend this inaugural YOSI Symposium held on 25 November 2018 at New Delhi as international guests. This was an impressive symposium that was well attended by young ophthalmologists (YO) from all over India as well as web-casted to those YO that were unable to attend.

The programme was excellent and included well thought out sessions that addressed various subjects relevant to YOs. Topics included academic centred practical sessions on how to pass exams, appropriate behaviour and attire during exams, research centred topics such as doing quality research, writing publications, innovation and how to kick start a research career. Other practical tips on how to set up a successful practice, leadership, community projects and work life balance were also discussed.

Dr Anna Tan spoke on “My Research a Experience in Singapore and how YO can be involved” while Dr Kelvin Teo spoke on “Finding your fellowship Fit’ where he highlighted several aspects for making the most of a fellowship with examples from his own medical retina fellowship in Sydney. These talks sparked interests in Indian YO community in both clinical and research fellowships in Singapore

Dr Wong Chee Wai spoke about how the SSO built a community outreach program, the Mobile Eye Clinic (MEC) in Singapore and shared with the audience how such programs can be continually improved and optimized to benefit the needy community. YOSI members who were active in community outreach were interested in how SSO incorporated research into MEC and were keen to establish collaborations in this area.

Adj Assoc Prof Lee Shu Yen  
President

Date: 20 February 2019
## Statement of Income and Expenditure for January - December 2018

### Opening Balance

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<th>Date</th>
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### Expenditure

**SSO**

- Miscellaneous - Retrieval of May - Jul 2017 statement from DBS Bank: $60.00
- Web hosting for SSO Website (10 Feb 2018 - 9 Feb 2019): $172.69
- Account Fee for SSO's account with DBS Bank: $40.00
- SSO Web Content Maintenance Service (7 Feb 2018 - 7 Feb 2019): $960.00
- Annual Dues for International Council of Ophthalmology (256 members @ 3 CHF per member): $1,272.26
- Expenses incurred for SSO AGM on 25 May 2018: $5,882.70
- Purchase of wine for SSO AGM on 25 May 2018: $321.00
- Taxi claim (Site recce for SSO AGM): $34.35
- Condolence advertisement for Prof Wong Tien Yin's late father in The Straits Times on 14 Jun 2018: $1,617.84
- Refreshments for SSO Exco Meeting on 12 July 2018: $198.32
- Sponsorship for NHG Eye Institute 8th International Ophthalmology Congress 2018: $6,070.00
- Sponsorship for NUS Dept of Ophthalmology Research Symposium (DOORS) 2019: $1,000.00

**SSO YO Chapter (formalized in May 2017)**

- **APAO SSO YO Night - 4 March 2017**
  - YO Research Award 2017 - Dr Chelvin Sng, NUH: $3,000.00

- **APAO Congress 2018, Hong Kong**
  - Refreshments for YO Forum: $728.84
  - SSO YO Research Award 2018 - Dr Daniel Ting, SNEC: $1,322.05
  - SSO YO Clinician Award - Dr Premala Devi: $1,439.67

- **Malaysia-Singapore Joint Ophthalmic Congress 2018, Melaka**
  - Dinner with YO members, YO committee and SSO Exco at Hotel Equatorial, Melaka: $572.10

- **SSO YO Committee Meeting, 11 May 2018**
  - Refreshments: $264.24

- **APAO Leadership Development Programme, 31 Aug - 2 Sept 2018, SNEC**
  - Boat charter for river cruise on 1 Sept 2018 (social programme): $963.00
  - Refreshments (served onboard the river cruise): $80.65
  - Expenses incurred for dinner hosted by SSO at Straits Kitchen for speakers and participants: $3,979.20
  - Reimbursement of dinner expenses (including drinks) with APAO LDP Committee: $1,388.74
  - Coach transfer (SNEC to Grand Hyatt / Grand Hyatt to Link Hotel): $337.05
  - Catering expenses from 31 Aug - 2 Sept 2018: $2,359.35

- **SSO Young Ophthalmologist Night, 2 Nov 2018**
  - Expenses incurred for event: $7,874.13
  - Taxi claim: $11.50

**Sub Total** $24,320.52
Mobile Eye Clinic

**Jalan Besar / Kreta Ayer GRC Spectacular Experience (in partnership with People's Association)**
- Ang Pow for 7 elderly (follow-up at SNEC on 1 Dec 2017) $560.00
- Ang Pow for 15 elderly (follow-up at SNEC on 14 Apr 2018) $1,200.00

**Fengshan CC & Tembusu Senior Activity Centre**
- Ang Pow for 24 elderly (follow-up at SNEC on 11 Aug 2018) $1,920.00

**Paya Lebar Wellness Centre**
- Ang Pow for 3 elderly (follow-up at SNEC in Oct 2018) $240.00

Sub Total $3,920.00

### Income

- Sponsorship of SSO YO Chapter (Carl Zeiss) $15,000.00
- Sponsorship of SSO YO Chapter (Santen - Jan 2018) $15,000.00
- Sponsorship of SSO YO Chapter (Santen - Nov 2018) $15,000.00
- Profit gained from the organisation of 33rd Asia-Pacific Academy of Ophthalmology Congress at Suntec Singapore Convention & Exhibition Centre from 1 - 5 March 2017 $231,673.47

Total $276,673.47

### Closing Balance as at 31 December 2018

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Total $297,098.29

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Dr Marcus Ang  
Treasurer

Dr Victor Koh  
Auditor