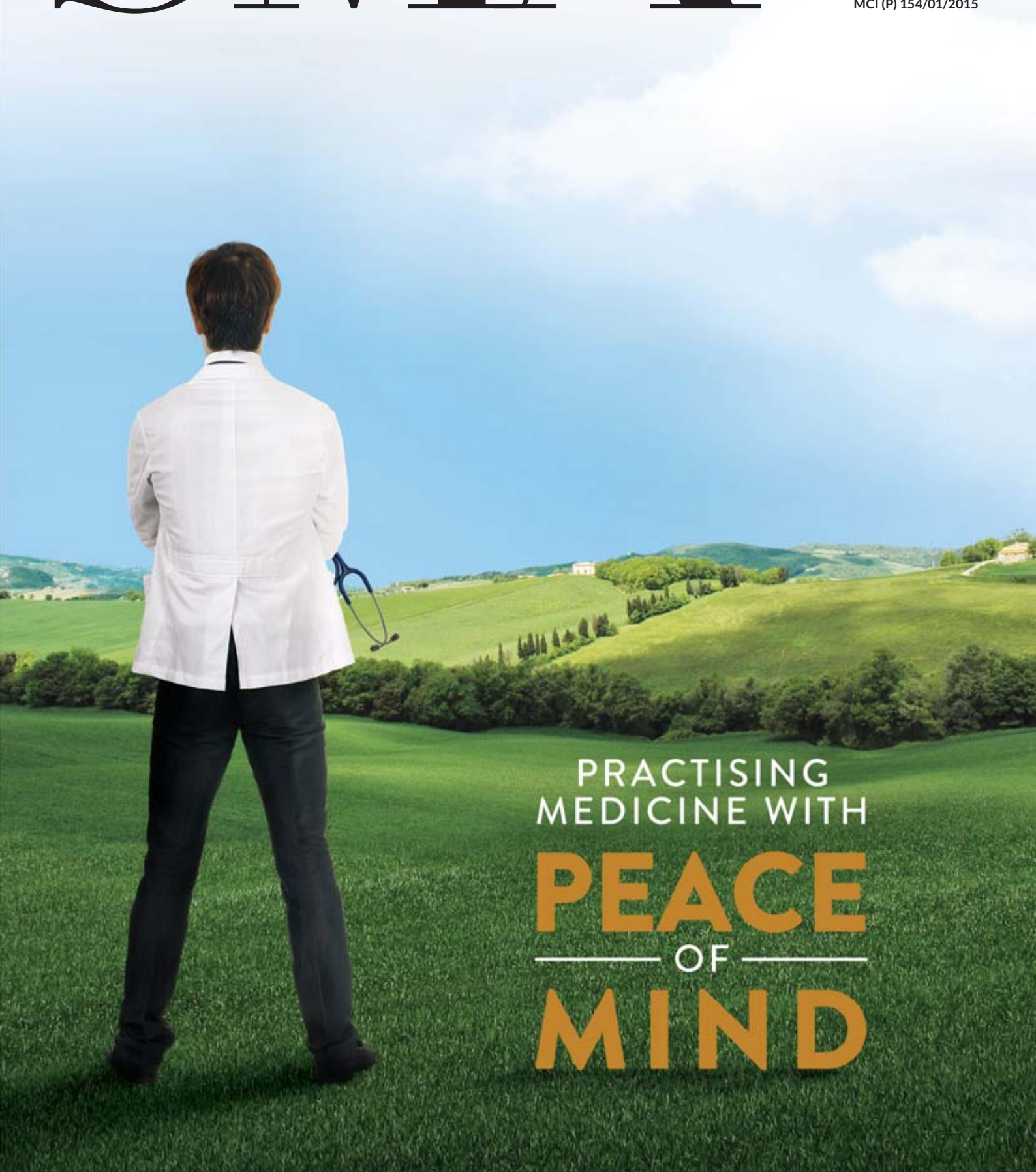


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PRACTISING
MEDICINE WITH
PEACE
— OF —
MIND



DOCTORING WITH SKILL & PEACE OF MIND



In this November issue, the SMA President shares his thoughts on informed consent and why having too many choices can sometimes be a hindrance. Dr Lee Pheng Soon and Dr Bertha Woon present us with a simple but thorough breakdown of the different aspects of medical practice safety and protection – a much needed and important read for those of us with minimal or zero knowledge of the topic! Dr Peter Loke concludes his two-part series on ethics in medicine.

This year's CMAAO meeting, held in Yangon, Myanmar, was another fruitful meeting where like-minded colleagues from the Association of Southeast Asian Nations met to discuss and provide updates on local and regional healthcare issues. Prof Cuthbert Teo continues his in-depth narrative on the development of clinical teaching in the early 1900s in part IV of his history of medicine article.

As a continuation of last month's military issue, Dr Koh Choong Hou offers his insights on the physician-warrior with its myriad and changing roles, while A/Prof Cheong Pak Yean enthralls with two interesting anecdotes of his army doctor days in the 70s, depicting situations that I imagine are hardly seen nowadays! Dr Yue Wai Mun explains why he served NS beyond the "compulsory" years. He is truly an inspiration, and I salute him and all who continue to serve beyond their call of duty.

Last but not least, our Indulge column expands beyond travel and food to bring us a bit of the arts and culture. Dr Terence Tan interviews Ms Adelene Khoo, who has a rare and unusual occupation; something to delight those of us who are bibliophiles!

Dr Tan Yia Swam is an associate consultant at the Breast Department of KK Women's and Children's Hospital. She continues to juggle the commitments of being a doctor, a mother, a wife and the increased duties of *SMA News* Editor. She also tries to keep time aside for herself and friends, both old and new.

Yia Swam
Editor