

“THE SUMMIT OF OUR LIVES” CAMPAIGN

WHAT IS IT?

An online fundraising campaign on Giving.sg started by Dr Foo Gen Lin and Dr Kumaran S/O Rasappan, both orthopaedic surgery residents from the National Healthcare Group. Together with a group of orthopaedic surgery residents and medical officers from Khoo Teck Puat Hospital and Tan Tock Seng Hospital, they hope to raise funds for the SMA Charity Fund (SMACF) through their expedition. They will be conquering the Everest Base Camp trek.

WHEN IS IT?

The expedition is scheduled from 22 October to 6 November 2016. The fundraising campaign will be held from April 2016 to January 2017.

WHY DO IT?

Speaking on the team's endeavour, Dr Foo commented: "The Everest Base Camp was chosen because we felt that it was a destination that was awe-inspiring and also challenging enough for most of our members, with adequate preparation and training. We hope to encourage our friends and colleagues to have the courage and determination to chase their dreams. And for medical students facing financial difficulties as they pursue their goals of becoming doctors, we want them to know that they are not alone and we are here to assist."

The team wishes to inspire all medical students to not give up and to reach

for the summit of their lives. They also hope to raise \$10,000 for the SMA Medical Students' Assistance Fund (SMA-MSAF).

WHERE TO GET MORE INFORMATION?

Stay tuned to *SMA News* and SMA's Facebook page as we bring you updates on the team's effort towards scaling the summit of their lives.

You can also log on to the team's website at <http://mouteverest.strikingly.com/> to be kept abreast of the teams' training and expedition.

HOW TO SHOW SUPPORT?

Support the team's efforts by making your donations at https://www.giving.sg/the_summit_of_our_lives. All donations above S\$50 will qualify for tax donations benefit.

Alternatively, you may send in a cheque payable to "SMA Charity Fund" to:
SMA Charity Fund
c/o Singapore Medical Association
 2 College Road
 Level 2
 Singapore 169850

Please indicate "The Summit of Our Lives" at the back of the cheque. For tax purposes, please provide your full name, NRIC number, contact number and mailing address to us.

For enquiries, please direct them to jenniferlee@sma.org.sg. ◆



INTERESTING FACTS ABOUT THE EVEREST BASE CAMP

The Everest Base Camp trek is intended as a starting point for any climber to get used to the high altitude conditions and to reduce chances of altitude sickness. The camp presents a primitive row of tent and toilet facilities with minimal amenities. Everest Base Camp trek is situated at a height of approximately 5,360 m (Mount Kinabalu stands at 4,095 m) and is certainly not an easy challenge to overcome. The summit of Mount Everest stands at 8,848 m.

PROFILE

TEXT BY

JENNIFER LEE

*Deputy Manager,
SMA Charity Fund*

Legend

1. Training run up to Bukit Timah Hill by some of the team members in March 2016

Photo by Dr Foo Gen Lin

ANNOUNCEMENT

Application for the SMA Medical Students' Assistance Fund (SMA-MSAF) is now open for students from Duke-NUS Medical School. All applications, with full supporting documents, are to be submitted online at <https://www.sma.org/smacares> by **5 July 2016**. For enquiries on the SMA-MSAF bursary, please write to bursary@sma.org.sg.