

# MANY HELPING HANDS TO SUPPORT AGEING-IN-PLACE FOR YOUR PATIENTS (PART TWO)



By Agency for Integrated Care

Besides physical health needs, senior patients often need support for their mental and social needs as well. In the last issue, we shared about Community Care services for senior patients using walking aids or wheelchairs, to keep their minds and bodies healthy and functional. In this article, we share about additional Community Care services for bedbound patients and their caregivers, as well as the financial schemes available to support care at home.

Senior bedbound patients and their families require as much support, if not more, than senior patients using walking aids or wheelchairs. As such, GPs who wish to render holistic support for bedbound patients may refer them to the relevant Community Care services (See Table 1).

Also, given that one of the most stressful concerns for patients and their families is working out the financial cost of caregiving, GPs may wish to share about the eldercare subsidies they may tap on, depending on their eligibility (See Table 2).



Table 1. Schemes available for bedbound seniors.

Type of Care	Bedbound Seniors
Taking a break from Caregiving	<ul style="list-style-type: none"> <li>Nursing Home Respite Care</li> </ul>
Care Cost	<ul style="list-style-type: none"> <li>Caregivers Training Grant (CTG)</li> <li>Seniors' Mobility and Enabling Fund (SMF)</li> <li>Foreign Domestic Worker (FDW) Grant</li> <li>Foreign Domestic Worker (FDW) Levy Concession for Persons with Disabilities</li> <li>Pioneer Generation Disability Assistance Scheme (PioneerDAS)</li> <li>Interim Disability Assistance Programme for the Elderly (IDAPE)<sup>1</sup></li> </ul>
Care at Home	<ul style="list-style-type: none"> <li>Interim Caregiving Service</li> <li>Home Medical</li> <li>Home Nursing</li> <li>Home Therapy</li> <li>Meals-on-Wheels</li> <li>Hospice Home Care<sup>2</sup></li> </ul>
Residential Care	<ul style="list-style-type: none"> <li>Nursing Home</li> </ul>

## Care Cost



<sup>1</sup>Interim Disability Assistance Programme for the Elderly (IDAPE)

If your patient did not qualify for Eldershield when it launched, they can receive a monthly cash payout of between \$150 and \$250.

## Care at Home



<sup>2</sup>Hospice Home Care

If your patient has advanced or progressive health conditions that are expected to progress in weeks or months, arrangements can be made for them to be cared for at home.

**Table 2. Eligibility criteria for financial schemes.**

Eligibility Criteria	Caregivers Training Grant (CTG)	Seniors' Mobility and Enabling Fund (SMF)	Foreign Domestic Worker (FDW) Grant		Foreign Domestic Worker (FDW) Levy Concession for Persons with Disabilities	Pioneer Generation Disability Assistance Scheme (PioneerDAS)	Interim Disability Assistance Programme for the Elderly (IDAPE)
Patient's Nationality	Singapore Citizen or Permanent Resident	Singapore Citizen	Singapore Citizen	Permanent Resident	Singapore Citizen	Pioneer who became a Singapore Citizen before 1987	Singapore Citizen
Patient's Age/ Date of Birth	65 years old and above or certified to have a disability	60 years old and above	Not Applicable	65 years old and above	16 years old to 64 years old	Born before 1950	Born on or before 30 Sept 1932 OR Born on or between 1 Oct 1932 and 30 Sep 1962, with pre-existing disabilities as of 30 Sept 2002
No. of Activities of Daily Living (ADL) that patient needs permanent help with	65 years old and above: Not Applicable Below 65 years old and with physical disability: 1	Not Applicable	3		1	3	3
Caregiver Requirements	Either a family member or an FDW		Not Applicable	FDW Employer must be a Singapore Citizen	Not Applicable	Not Applicable	Not Applicable
Caregiver Training	Caregiver must complete the training		Caregiver must have attended an AIC-approved FDW Grant caregiver training course				
		FDW Employer must be a family member living with patient at same NRIC-registered address					
Household Monthly Income <sup>1</sup> per Person	Not Applicable	\$1,800 and below	\$2,600 and below		Not Applicable	Not Applicable	\$2,600 and below
Annual Value (AV) of home for households with no income		\$13,000 and below	Below \$13,000				\$13,000 and below
Remarks	Approval for grant is subject to assessment by a qualified assessor to determine type and suitability of assistive devices or home healthcare items		<sup>1</sup> Household monthly income per person = Total gross household monthly income / total number of family members <sup>2</sup> Annual Value (AV) is assessed by IRAS. An AV of up to \$21,000 covers all HDB Flats and some lower-value private residences. <sup>3</sup> Activities of Daily Living (ADLs) are: <ul style="list-style-type: none"> <li>• Bathing</li> <li>• Dressing</li> <li>• Eating</li> <li>• Toileting</li> <li>• Walking or moving around</li> <li>• Transferring</li> </ul>				



To find out more about these schemes, contact your AIC Primary Care Engagement team at [gp@aic.sg](mailto:gp@aic.sg) or call 6632 1199.