

HIGHLIGHTS

From the Honorary Secretary

Report by Dr Ng Chew Lip

Dr Ng Chew Lip is an ENT consultant in public service. After a day of doctoring and cajoling his two princesses at home to finish their food, his idea of relaxation is watching a Netflix serial with his lovely wife and occasionally throwing some paint on a canvas.



Closure of SMA secretariat office

The SMA office has been closed with effect from 7 April 2020, in line with the circuit breaker measures during the COVID-19 pandemic. Due to the fluid situation, we will inform our Members on the date the office will be allowed to reopen. Do check our website for the latest updates regarding our opening date. If you require assistance, please contact us at <https://www.sma.org.sg/general/contactus.aspx> or at our main line 6223 1264.

For indemnity matters:

MPS: 800 616 7055 (toll-free) / mps@sma.org.sg

Income MMI: 6223 1264 / sma@sma.org.sg

JLT Medefend Scheme: 6411 9002 /
website: <https://www.medefend.com.sg>

For membership matters:

General: membership@sma.org.sg

New sign ups, renewals and Medik Awas: 6540 9193

Clinic assistant, update of personal info and other general queries: 6540 9194

For SMJ matters:

All enquiries: smj@sma.org.sg

For SMA News matters:

All enquiries: 6540 9181 / news@sma.org.sg

Supporting junior doctors in the fight against COVID-19

The SMA Doctors-in-Training Committee has partnered with MOH Holdings (MOHH) and local food and beverage companies to support junior doctors. We hope that these promotions will help to boost the energy and morale of junior doctors in the nation's fight against COVID-19. We would also like to thank MOHH and the following partners for their generosity – Mr Bean, Polar Puffs & Cakes, Royal T Group, 4Fingers Crispy Chicken and Strumm's Holding. Please refer to <https://bit.ly/2XOtjLC> or visit our Members' Facebook group at <https://bit.ly/SMAFacebookGrp> for more information on these promotions.

COVID-19 support measures

SMA has initiated a series of support measures for our Members and extended them to ALL healthcare workers (HCWs).

The Psychological Wellness Support Programme entails a list of psychologists and GPs who have stepped forward to provide pro bono or reduced fees counselling for HCWs during this challenging period. A list of helpful expert advice on managing stress and anxiety has also been uploaded on our website.

We have also partnered with the National Gallery, Singapore Arts Museum, Nanyang Academy of Fine Arts, Singapore Prison Service and others in the creative community for the #SGArtforHCW campaign to collect artworks to support HCWs. We have received 400 submissions to date and are currently working on displaying the artworks. Reports on our campaign have appeared on *Channel 8 News & Current Affairs*, the *Straits Times* and *Time Out*. Please refer to our Instagram page to view the artworks: <https://bit.ly/SGArtforHCW>.

For reference, SMA's resource page on COVID-19 can be found at the following link: <https://www.sma.org.sg/COVID19>.

We would like to take this opportunity to thank our Members and the greater healthcare community for stepping up during this difficult period. Stay safe.

"Bring Your Own Bottle" hand sanitiser distribution exercise

SMA, in collaboration with our partners College of Family Physicians Singapore (CFPS) and Singapore Dental Association (SDA), as well as venue support by the Singapore Manufacturing Federation, conducted the "Bring Your Own Bottle" hand sanitiser distribution exercise for registered medical/dental clinics and CFPS/SDA/SMA members. This took place from 16 March to 20 March 2020 and we received good responses from clinics and members who came to collect the complimentary hand sanitiser (5 l per registered medical/dental clinic, or 500 ml per CFPS/SDA/SMA member).

This event was made possible with the generous support of the Temasek Foundation. We hope that members who benefitted from this distribution found it useful. ♦