

# “Aesthetic Medicine” – Is There Science In Beauty?

14 & 15 May 2005, Grand Copthorne Waterfront Hotel

6 CME Points • \$55 For SMA Doctors • \$105 For Non-SMA Doctors



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We aim to provide a forum to discuss the topic objectively, and to update medical practitioners on what is currently available in this field.

## DAY 1

SATURDAY, 14 MAY, 2.00PM - 5.30PM

From 1.00pm

Registration and Mini-Exhibition

*Light refreshment provided*

2.00pm – 2.10pm

Welcome Address

*Dr Lee Pheng Soon, President, Singapore Medical Association*

2.10pm – 2.30pm

Keynote Address by Guest-of-Honour

*Prof K Satku, Director of Medical Services, Ministry of Health*

## Session 1:

### Aesthetics - Its Place In Medicine

2.30pm – 2.50pm

Professional perspective

*A/Prof Goh Lee Gan, Dept of Community, Occupational, and Family Medicine, National University of Singapore*

2.50pm – 3.10pm

The Ethical and Practice Perspective

*Dr T Thirumoorthy, Member, Board of Directors, SMA Centre for Medical Ethics and Professionalism*

3.10pm – 3.30pm

Medical indemnity - Are You Covered?

*Dr Lawrence Ng, Medical-Legal Advisor, Medical Protection Society (MPS)*

3.30pm – 3.45pm

Q&A

3.45pm – 4.15pm

Tea Break

## Session 2:

### Ageing skin / Updates on Skincare

4.15pm – 4.45pm

Aging Skin - mechanisms, evaluation, and treatment

*Dr Ang Por, Consultant, National Skin Centre*

4.45pm – 5.15pm

Sensible daily skincare regimen

*A/Prof Giam Yoke Chin, Senior Consultant, National Skin Centre*

5.15pm – 5.30pm

Q&A session

DAY 2  
SUNDAY, 15 MAY, 9.30AM - 5.30PM

From 9.00am Registration and Mini-Exhibition

Session 3:  
Botulinum Toxin & Soft Tissue Augmentation

9.30am – 10.00am Skin Fillers – treatment of wrinkles and folds;  
Facial contouring  
*Dr Andrew Khoo, Plastic Surgeon, Mount Elizabeth Medical Centre*

10.00am – 10.30am Botulinum toxin type A – types, indications, and use;  
Safety profile and complications in the use of BTX  
*Dr Seah Chee Seng, Plastic Surgeon, Gleneagles Medical Centre*

10.30am – 11.00am Q&A session

11.00am – 11.30am Tea Break

Session 4:  
Disorders of Pigmentation / Use of Lasers

11.30am – 12.00 pm Pigment formation in normal and diseased skin;  
Disorders of pigmentation and therapy  
*Dr Cheong Lai Leng, Dermatologist, Mount Elizabeth Medical Centre*

12.00pm – 12.30pm Lasers- Types and uses; Limitations of lasers  
*Dr Lawrence Khoo, Senior Consultant, National Skin Centre*

12.30pm – 1.00pm Q&A session

1.00pm – 2.00pm Lunch

Session 5:  
Other aesthetic modalities and the Art of Combination Therapy

2.00pm – 3.00pm “Different Artist Different Strokes” –  
options and decisions for patients and surgeons  
*Dr Chua Jun Jin, Plastic Surgeon, Mount Elizabeth Medical Centre*

Session 6:  
The Psychological Make-up of an Aesthetic Patient

3.00pm – 3.30pm The Psychological Make-up of an aesthetic patient  
*Dr Ang Yong Guan, Psychiatrist, Mount Elizabeth Medical Centre*

3.30pm – 4.00pm Tea Break

Session 7:  
Conclusions - the experience so far

4.00pm – 4.30pm Key considerations  
*Dr Tan Siak Khim, Aesthetic practitioner in private practice*

4.30pm – 5.00pm Personal experience in Aesthetic Practice  
*Dr Benjamin Yim, Aesthetic practitioner in private practice*

5.00pm – 5.30pm Q&A session

